



Darbha

SPA



Welcome to Darbha Spa. Upon stepping into the luxury traditional Balinese and Papua setting Spa. You will encounter sounds, sights, smell, tastes, and textures that heighten your connection to the world around you and to your inner self

**BALI ESSENTIAL
– MAJESTIC CALM**

An Essential massage helps your body and mind to unwind. It is also beneficial in relieving stress, body pain and stiffness, managing anxiety, blood pressure control, sports-related injuries, and boosting immunity.

1. Balinese Luwih Massage 1hr/1hr 30mins 400k/650k

Enjoy our authentic traditional Balinese Massage that provides a combination of Balinese acupressure techniques with palm and thumb strokes. Your body will savor the sensation of the most precious indigenous oils. Those oils are crafted with five uniquely freshly blended powerful healing ingredients Clove, Lime Kefir Leaf, Ginger, Cinnamon and Lemongrass. Finally, enjoy the distinctive Bali aromas as you complete your journey with our signature traditional Balinese elixir.

2. Surya Energizing Massage 1hr/1hr 30mins 400k/650k

Restore calmness to the mind and wellbeing to the body through this energizing massage style inspired by Reiki practices, Swedish massage and Aromatherapy techniques. It is a truly tranquil experience for those who need a break from busy life, or from a long day journey. Allow yourself to slip into oblivion while your stress melts, awaken your sense under a warm coat of Cinnamon, Holy Basil and Pandanus Leaves infused blended oil. Complete your journey with our warm tea and feel totally relaxed and revitalized.

3. Toyam Detoxing Massage with Herbal Ball 1hr 30mins 700k

Regenerate via this purifying sequence of unique blend of Lemongrass and Rosemary infused oils. This detoxing massage uses a warm herbal compress with carefully selected spices, such as Galangal, Ginger and Lime. Those sacred spices are known for stimulating circulation, firming and strengthening the skin tissues while boosting metabolism and circulation. Complete your journey with a cup of our detoxifying tea.

4. Deep Tissue Massage 1hr/1hr 30mins 450k/700k

Deep and relaxing massage therapy that focuses on realigning deeper layers of muscles and connective tissue. With the uplifting effects of the fresh and potent Ginger, Lemongrass and Lavender infused blended oil, the result is an overall grounding and recharged effect on the body and mind. Enjoy the aromatic scents and complete your journey with a cup of our warm lime and ginger tea.

5. Chandra Signature Massage 1hr/1hr 30mins 450k/700k

Inspired by the philosophy of Mali Moonlight, your journey begins with a warm exotic oils being drizzled over your body. Natural rituals of beauty and wellness that will relax tone and fortify your body with circular, delicate and rhythmic movements. It's a unique blend of exotic Champak and Sandat unforgettable mind and body experience that guarantees you a nourished and silky skin effect and helps to restore harmony between body and mind.

6. Invigorating Foot Massage 1hr 350k

Bali holistic aching relaxer foot massage is performed with firm pressure and your favorite blended oil. A massage that will not only help to release fatigue but will also leave leg muscles and the body in tone. A serving of our delicious tea compliments your journey.



7. Sacred Head Massage with oil

30mins

200k

A holistic head massage focusing upon vital energy points. Warm infused olive oil with fresh pandanus leaves and frangipani flower will help to reduce tensions, increase circulation and improve overall wellbeing.

8. Refreshing Hand Neck & Shoulder Massage

30mins

200k

This massage is performed to help the individual release tensions in an affected muscle group or area. The technique is great for someone who has a recurring area of the body that needs special attention and relief.

BODY THERAPIES – DIVINE DELIGHT

Body treatments are similar to facials, but made for the entire body. The skin is the body's largest organ; it is just as important to cleanse, exfoliate, hydrate and nourish the skin on your body as the skin on your face. The formula for the pure, plant-sourced products was inspired by traditional Balinese recipes and perfected with innovative methods for deeply nourishing, long-lasting beauty.

1. Chandra Candlenut Body Treatment

2hrs

950k

Allow the healing hands of our therapist to float above you, absorbing your negative energy and reopening your energy pathways. Feeling totally at one with yourself, enjoy the lasting effects and scents of our sensual Chocolate Candlenut aromas exfoliation leaving the body silky and smooth.

Includes: Don Base Foot Ritual – Chandra Harmony Massage – Chocolate Candlenut Body Exfoliation – Herbal Mint Bath Ritual.

2. Surya Salute Body Treatment

2hrs

950k

Before beginning the day, let's pray to the Lord "Surya", the God of Health, for he knows how to achieve excellent health.

Truly unique to Darbha Spa, this energizing and enlivening treatment was inspired by the exotic and warm smell of Coffee and Cinnamon. This massage is performed for an energizing start. An exfoliating coffee and cinnamon is then applied to the body to eliminate impurities. This exotic treatment also helps create a rich moisturizing exfoliation for your skin.

Includes: Don Base Foot Ritual – Surya Energy Massage – Coffee Cinnamon Body Exfoliation – Cinnamon Pandanus Bath Ritual

3. Toyam Pinaruh Detoxing Body Treatment*
2hrs 30mins **1,150k**

Reverse back to an old Indonesian remedy, this detoxing treatment is about feeling healthy and recharging your vitality. This treatment will begin with a Toyam Detoxing massage while using a warm herbal compress that melts away and releases tense muscles. The journey then continues with the Boreh “energy of life” body envelopment that reinvigorates your blood circulation “bring your blood to life “ and leaves you feel alive and full of energy.

Includes: Don Base Foot Ritual – Herbal Compress – Toyam Detoxing Massage – Boreh Cocoon – Lemongrass Galangal Herbal Bath Ritual

4. Enchanted Bali Ritual Treatment
2hrs 30mins **1,150k**

Inspired by the gracious traditions of the ancient Royal Balinese beauty ritual, this treatment will begin with a foot cleansing ceremony. The experience continues with a drizzling healing Coconut Oil that soaks into your skin and draws out impurities to further improve skin conditions. While being gently cocooned, a scalp massage offers the utmost relaxation. Begin then to indulge in our Turmeric, Sandalwood, Sacred Cananga Flower and Rice Powder full body lulur exfoliation scrub following an Enchanted Bath Ritual. Conclude your treatment with our special Balinese Luwih Massage.

Includes: Foot Cleansing Ceremony – Oil Drizzling – Oil Cocoon + Head Pamper – Lulur Exfoliation – Enchanted Don Base Turmeric Bath Ritual – Balinese Luwih Massage

5. Sun Soother, Aloe, Honey & Cucumber Cocoon **1hr** **450k**

This anti-inflammatory treatment draws out the heat with a full-body fresh Cucumber and Aloe envelopment, followed by an application of sun soothe aloe body lotion to soothe skin irritations and sunburn.

Includes: Don Base Foot Ritual – Aloe & Cucumber Cocoon – Head Pamper – Aloe Vera Body Cream



THE RESORT - SIGNATURE TREATMENTS

So often the world focuses on the outside, that which we can see, and it is sometimes all too easy to forget that beauty within creates beauty without. To remind one of these connections, Darbha Spa has crafted several unique spa signature treatments that were specifically designed to help you rejuvenate, relax and feel centered.

Find the perfect balance and harmony between the five elements “Panca Maha Butha” that makes up the human being, and the five qualities of nature and elements that compose the human body.



1. Chandra Harmony Massage

1hr 30mins

700k

This journey will awaken your senses and open the doors to an unforgettable trip. Surrender to the rhythmic waves of a full body massage, employing long kneading strokes, acupressure, and Hawaiian massage techniques, then drift away to the exquisite scent of our rare and pure Balinese Flowers infused oil made of Frangipani and Cananga sensual aromas as you complete your journey with our natural tea.

Includes: Don Base Foot Ritual – Smudging Ceremony – Chandra Harmony Massage

2. Enchanted Bali Luwih

2hrs 30mins

1,150k

Inspired by the gracious traditions of the ancient Royal Balinese beauty ritual, this treatment will begin with a foot cleansing ceremony. The experience continues with a drizzling healing Coconut Oil that soaks into your skin and draws out impurities to further improve skin conditions. While being gently cocooned, a scalp massage offers the utmost relaxation. Begin then to indulge in our Turmeric, Sandalwood, Sacred Cananga

3. Darbha Boreh Therapy*

1hr 30mins

700k

This old ancient Indonesian treatment is perfect for shooting aches and pains. It creates a sensation of heat to relief flu and fever symptoms. This treatment will begin with a Ginger Clay Foot Soak to help release tensions. It then continues with Boreh envelopment and a herbal shower & body moisturizer that includes a mixture of pure Balinese spices and plants. This traditional recipe helps to balance the body and acts as a detoxifying warming treatment. A sacred head massage is also performed to complete this traditional journey.

Includes: Ginger Foot Ritual – Smudging Ceremony – Boreh Cocoon – Sacred Head Massage – Herbal Shower – Herbal Bath – Herbal Body Moisturizer

Flower and Rice Powder full body lulur exfoliation scrub. Conclude your treatment with our special Balinese Luwih Massage.

4. Body Indulgence Lemon Cocoon

2hrs

950k

Using our unique blend of oil, indulge yourself with a lemon scented aromatherapy massage. This treatment alleviates soreness and stiffness in muscles, increases circulation and strengthens the immune system, relieves fatigue, has anti-inflammatory properties and mild sedative properties to deeply relax your body and mind.

Includes: Lime and Ginger Foot Ritual – Smudging Ceremony – Detoxing Massage – Lemon Steam – Lemon Bath – Herbal Body Moisturizer

Prema Romantic Interlude for Two + Lunch/Dinner

2hrs 30mins + lunch/dinner

2000k

Enjoy a supremely romantic interlude with this special couples package. It starts with an Enchanting Cinnamon Foot Soak in our private sedative spa room, followed by a smudging ceremony that is carried out to clear any negative energy and to invite peace and harmony into your relationship. The 60-minute sacred Chandra Harmony massage is the highlight of this romantic getaway but romance doesn't stop here. An intimate chocolate candlenut body exfoliation brings you even closer together. After your treatment, you will be invited to enjoy a delectable, delicious and healthy luncheon or dinner at our Resort in a romantic setting.





Spa Class

1hr

600 K

We unveil the secrets of Balinese's age-old healing and beauty rituals that use only the purest, natural and local ingredients. Here you can participate in an interactive Spa Class to learn about Balinese's healing and beauty heritage.

- 1) Spa Class Healing Lulur or Boreh
- 2) Spa Class Ancient Bath Ritual

Includes: "Jamu" Herbal Drink + Scented Towel – Spa Class at our Spa Terrace – Body Lulur/Boreh in our spa treatment room or Bath Ritual in the serenity of our Darbha Spa Treatment Room or your sacred Honai suite.

Be true to yourself and the laws of nature; discover the truth within yourself and then experience joy and enlightenment

1. Darbha Facial Ritual, for all skin type

1hr 30mins

550k

Discover the secret of Balinese ancient beauty rituals with this traditional Bali Facial. An ancient recipe made of coconut milk incorporating a blend of nourishing plant extracts of carrot, rice and other elements of nature's abundant goodness is gently applied to the face to nourish and hydrate the skin bringing your inner glow to the surface.

Includes: Coconut Milk Cleanser – Carrot and Rice Powder Face Scrub – Virgin Olive Oil Face Massage – Honey Oatmeal Face Mask – Champak Floral Water

2. Chamomile AgeLess Eyes

30mins

300k

Soothe, refresh, and revive the delicate eye area while reducing the appearance of fine lines and wrinkles. This restorative treatment add-on plumps and firms in a single treatment for youthful, ageless eyes!

Smudging Ngukup Ritual

15mins

150k

This ritual can help you release stress, attract love, increase energy levels, or soothe. Above all it can turn any space into a soothing sanctuary - a place of renewal and happiness. This ritual will let go of all your negative energies and attract the healthy positive energies that will bring about positive change in your space and body.

